

Biography:

This website is administered by Steve Spiegel; I am an independent neuroscientist living in the Pacific Northwest who now focuses on reversing ALS symptoms. My affinity for science was initiated by my father's interest in natural science; my interest in neuroscience developed after insights about stress and human psychology during early adulthood. My understanding of stress inspired decades of obsessive, independent investigation into the natural science foundation of the current psychology/psychiatry paradigm. Meanwhile, I supported myself, my wonderful wife and two beautiful children with a job managing a commercial maintenance company until retiring in 2014. Along the way, I enjoyed van camping, hiking, and some travels.

Decades of investigating the impact of stress on human psychology culminated with a unified natural science foundation for neuroscience research in 2020 (published through the homepage). Unfortunately, OHSU neuroscientists considered my short science thesis unifying eastern and western neuroscience theory contrary rather than faulty so I turned to proving its value treating a disease and began focusing on ALS. I was amazed and fortunate that Duke Neurology documents ALS Reversals that I can explain and promote. Thereafter, I developed a free and complementary naturopathic treatment designed to duplicate the success of documented ALS Reversals, and this website to promote it.

I'm now focused on promoting trials of my ALS treatment to prove its effectiveness by expanding Reversals exponentially.