

Biography:

This website is administered by Steve Spiegel; I am an independent neuroscientist living in the Pacific Northwest who now focuses on reversing ALS symptoms. My affinity for science was initiated by my father's interest in natural science; my interest in neuroscience developed after insights about stress and human psychology during early adulthood. My understanding of stress inspired decades of obsessive, independent investigation into the natural science foundation of the current psychology/psychiatry paradigm. Meanwhile, I supported myself, my wonderful wife and two beautiful children with a job managing a commercial maintenance company until retiring in 2014. Along the way, I enjoyed some travels (especially van camping), hiking, and family outings.

Decades of investigating the impact of stress on human psychology culminated with a unified natural science foundation for neuroscience research in 2020 (published through the homepage). Unfortunately, OHSU neuroscientists ignored my short thesis unifying eastern and western neuroscience; only a visiting lecturer, eminent neuroscientist Peter Sterling, considered my theory. Dr. Sterling found my thesis "interesting" and asked me to critique his definitive work (Principles of Neural Design, MIT Press), but ultimately considered my science contrary (rather than faulty).

Thereafter I turned to proving the value of unified natural science theory by treating a disease and found ALS exemplary of "somaticized stress." I was amazed and fortunate that Duke Neurology documents ALS Reversals that I can explain and promote. Thereafter, I developed a free and complementary naturopathic treatment designed to duplicate the success of documented ALS Reversals, and this website to prove its effectiveness. I'm now focused on promoting trials of my ALS therapy to prove its value by expanding Reversals exponentially.